



News Release

Short Organic Food Growing Course - starting 23rd April

EcoLocal's very popular food growing course is back! Running over six Saturday mornings from 23rd April the course will teach you how to grow your own healthy organic food without harming the environment.

The course teaches eco friendly gardening; no-dig methods, crop rotation, organic pest control, making natural fertilisers and more. It's suitable for beginner and intermediate growers. Teaching is a mixture of theory and practice, allowing students to try out the skills they learn, understanding how to plan, so they can make the most of their veg patch at home or their allotment.

The course is face to face outdoors for the practical skills teaching elements on our Community Allotment in Carshalton, a 5 minute walk from Carshalton station with trains to Victoria, London Bridge and Thameslink through to North London. Good bus links also nearby. The theory is taught live via Zoom on alternate weeks.

The course always gets excellent feedback! Our former students have said:

"It's a great mix of practical and theory so the information goes in twice and ensures you're more likely to remember!"

"Very knowledgeable tutor".

"I had only just got an allotment so the 6 lessons were exactly in line with what I needed."

So why not get out, learn some new skills and have your very own fresh, healthy food grown by yourself in time for this Summer?

The course is organised by EcoLocal, a Carshalton based charity.

For further information and to book visit: www.ecolocal.org.uk/highlight/organic-food-growing-course/

Enquiries email: food@ecolocal.org.uk or telephone 020 8404 1522

Ends